



## Smoking Cessation Program Nicotine Replacement Therapy Assistance Guidelines

**Mission:** To aid tobacco users in a successful attempt to quit smoking by offering support to employees who are actively participating in the Baton Rouge General's Smoking Cessation Program.

As part of the Baton Rouge General's Smoking Cessation Program, employees who are actively participating in the (5) week program may benefit from Nicotine Replacement Therapies (NRT) at no charge. This benefit includes available over the counter therapies like gum, patches and lozenges as well as prescription medication. Through this program, we hope to improve the overall health of program participants by eliminating the financial burden associated with NRT's.

**Who is eligible for NRT assistance?** All GHS employees who are actively participating in the (5) week Smoking Cessation Program are eligible for NRT assistance. Actively participating means you are enrolled in the (5) week program and are attending all classes offered.

**What type of NRT assistance is available and what is the process for receiving assistance?** Eligible employees may receive over the counter NRT and prescription NRT medication at no cost.

- (1) Over the counter NRT's (examples: gum, patches and lozenges) are provided free of charge during the (5) week program.
  - Over the Counter Products are available through the Metabolic Spectrum Center, located in building 600-D at the Picardy Plaza.
  
- (2) Prescription NRT's are provided free of charge to all eligible employees during the (5) week program.
  - Eligible employees must obtain an NRT prescription from their healthcare provider.
  - Employees must then visit the Metabolic Spectrum Center and present a copy of their NRT prescription. They will then be given a pharmacy voucher that will cover the cost associated with filling the prescription at the Baton Rouge General Pharmacy.
  - GHS health plan participants may redeem pharmacy vouchers at either BRG pharmacy location. Employees who are not covered under the GHS health plan may only redeem pharmacy vouchers at the BRG pharmacy located at the Bluebonnet campus.
  - Vouchers are not redeemable for cash and must be present at time of purchase. Vouchers expire 90 days after issuing date.

- Vouchers may be used at the participant's discretion for the specified prescribed medication filled through the Baton Rouge General Pharmacy.

**How long is NRT assistance available?** NRT assistance is available during the (5) week period the employee is enrolled in the Smoking Cessation Program and is provided for up to 30 days after program completion.

***For further information, contact:  
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